

lachele

AESTHETICS & WELLNESS

Neurotoxin Pre Treatment Instructions

- Neurotoxin is a series of quick, virtually painless injections that target specific muscles to temporarily reduce muscle contractions. By relaxing these muscles, neurotoxin can help soften existing wrinkles and prevent new wrinkles from forming over time.
- Please arrive to your treatment with a **clean face, free of makeup and products**. Also, have your hair tied back if possible and **remove all facial jewelry or piercings**.
- Risk of bruising is rare, but a micro-bruise may occur. If you often bruise, **Arnica oral supplements** are available on our online www.lacheleshop.com, or in store. Ideally, start these two days prior to your procedure.
- Taking anticoagulants (*blood thinners*) is not a contraindication, however it may increase your risk of bruising. Please **stop** these medications 7 days prior to treatment only if medically permitted. This includes **Ibuprofen, Motrin, Advil, Aleve, Aspirin, multivitamins and fish oil**. Notify your provider if you are on any type of prescription anti-coagulant therapy (*Coumadin, Xarelto*).
- Neurotoxin is recommended to treat every 3-4 months to sustain results. Our La Chelè Loyalty Club Membership is a great way to bank your monthly payments and put them toward your quarterly injections while enjoying exclusive member savings and benefits.